WHAT IS ASPD?

Understanding Antisocial Personality Disorder

M2M RECOVERY PROJECT

PEOPLE | PURPOSE | A STRONGER TOMORROW

THE CONDITION

Antisocial Personality Disorder is a mental-health condition involving a persistent pattern that can affect how a person thinks, behaves, and relates to other people.

FOUR BEHAVIOR DOMAINS ARE DESCRIBED

1 DECEPTION & EXPLOITATION

- Manipulating, lying, or deceiving.
- Using charm or flattery for personal gain.
- Taking advantage of other people.

2 RULES & RIGHTS

- Disregarding laws, rules, or social norms.
- Ignoring the rights or well-being of others.
- Repeating behavior despite consequences.

3 IMPULSIVITY & AGGRESSION

- Reckless or impulsive behavior.
- Hostility, anger, or physical aggression.
- Actions that may cause emotional or physical harm.

4 RESPONSIBILITY & REMORSE

- Refusing or failing to take responsibility.
- Limited regret, concern, or remorse.
- Ignoring the impact of one's behavior.

WHAT DIAGNOSIS REQUIRES

These behaviors are evaluated as a longstanding pattern. One action, conflict, arrest, or personality trait does not establish a diagnosis; assessment belongs to a qualified mental-health professional.

ASPD CAN LOOK DIFFERENT FROM PERSON TO PERSON. TRAITS MAY LEAN MORE TOWARD SOME BEHAVIORS THAN OTHERS.