CRITICAL THINKING

A practical path from information to responsible action

M2M RECOVERY PROJECT

PEOPLE | PURPOSE | A STRONGER TOMORROW



WHEN ADDRESSING AN ISSUE OR PROBLEM

After relevance is established, move directly to "Does it benefit me?" and bypass the fact-check step.

Use this method to analyze information, resolve problems, and choose a practical response. With repetition, the sequence becomes a reliable habit for navigating everyday decisions.

PAUSE **CHECK** **CHOOSE | ACT**